

Newell & Kamilaroi Highways (South to North)

Featuring the open plains of the region: rich black soils, broadacre cropping and cotton production, warm climate wines and spectacular landforms such as the Kaputar ranges, hot artesian bore pools, premium quality beef products. Boutique food stores, "Nosh on the Namoi" features quality local food and wine products.



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(D10) PLAINS OF PLENTY

Old Scout Hall, South Street, Gunnedah NSW 2380

Christine Donnelly • Telephone(s): 02 6742 6222 • Fax: 02 6742 6222
• Website: www.plainsofplenty.com

Plains of Plenty is a local produce, arts and crafts group selling local and regional products through our delightful store in Gunnedah. Our range of local cuisine products include premium olive oils, table olives, jams, chutneys, pickles, various sauces and condiments, pure local honey, pecan nuts and sultanas, organic flours and organic cereal products including oats and mueslis. We also have a comprehensive range of local arts and crafts unique to the region. Morning and afternoon teas are served and light lunches can be arranged by booking.

Orders: Shopfront sales

Open: 7 days a week 9.30am – 4.30pm. Open public holidays except Christmas Day, Boxing Day and Good Friday

Facilities: Buses welcome, Café



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(B7) BOHENA OLIVES – 432 Yarrie Lake Road, Narrabri NSW 2390

Herb & Jenny Gale • Telephone(s): 02 6792 3656 • Mobile: 0427 000806 • Fax: 02 6792 5140 • Email: Hjgale@bigpond.com • Website: www.bohenaolives.com

Bohena Olives, situated 9km from Narrabri, are owned and operated by the Gale family who share a passion for quality care from grower to consumer. Visit our olive grove to share our story and enjoy products of excellence. Our Extra Virgin Olive Oil is mild, fresh & fruity. Table olive varieties of Kalamata and Manzanillo are sun-ripened, fleshy and a delight to eat. Our hand-made range of luxurious skin care products comprise of soaps, body lotions, creams, massage oils and balms.

Orders: Shopfront sales, Mail, Phone, Email, Website, Retail outlets

Open: By appointment only. Open public holidays by appointment. Closed Sundays

Facilities: Buses welcome by appointment



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(B7) NOSH ON THE NAMOI

Behind the Crossing Theatre, Newell Highway Narrabri NSW 2390

Penny Phelps – Narrabri Shire Information Centre • Telephone(s): 02 6799 6760
• Mobile: 0427 783639 • Fax: 02 6799 6766 • Email: tourism@narrabri.nsw.gov.au
• Website: www.noshonthenamoi.com.au

Nosh on the Namoi displaying over 40 local and regional producers from an array of local meats, olives, sundried tomatoes, cheese to gourmet pasta, all washed down with a glass of wine. Nosh patrons can purchase a plate of food and sit back and listen to the fabulous jazz throughout the day. Cooking demonstrations and a local cook off, floating tomato race, fabulous kids' activities, Art in the Park, a fun-filled family day.

Orders: Mail, Phone, Email, Website,

Open: End March/early April each year. See website for details

Facilities: Buses welcome, Disabled facilities, Accommodation, BBQ facilities, Café, Restaurant



42 (B7) PEPPERTREE COTTAGE – 177 Maitland St, Narrabri NSW 2390

Sandy Tapscott • Telephone(s): 02 6792 3800 • Fax: 02 6792 3003

Peppertree Cottage is in Narrabri, the home of Nosh on the Namoi. We offer a large range of local and regional tasty gourmet treats. If you need that hard-to-find present we can create individual hampers and gift packs. Why not call in and see our friendly store when you're next in Narrabri.

Orders: Shop Front, Phone

Open: Monday to Friday 9am – 5:30pm. Saturday 9am – 12 noon. Not open public holidays



43 (B7) RELISH CATERING – 15 Doyle St, Narrabri NSW 2390

**Katrina O'Brien • Telephone(s): 02 6792 4178 • Mobile: 0418 403803 • Fax: 02 6792 4168
• Email: treenobrien@bigpond.com**

Relish Catering is dedicated to excellence in food quality, preparation and presentation; catering for functions both small and large, using local and regional quality food products. Our "Relish" shopfront offers a variety of gourmet treats along with take-home meals designed for ease, convenience and taste for the busy family. Some of the products available include Arc-n-Ciel Trout, Gwydir Olive and Bohena Olive products, Tall Poppy Gourmet relishes and condiments, and a range of regional delicacies including fig, cheese and vinegars from around Australia.

Orders: Shopfront sales, Phone, Email

Open: Tuesday to Friday 10am – 5.30pm. Closed public holidays

Facilities: Food store



44 (A7) BUNDOCK WINES – "Redlands" PO Box 221, Wee Waa NSW 2388

Paul & Robyn Knight • Telephone(s): 02 6795 4459 • Mobile: Paul – 0427 631151, Robyn – 0428 954028 • Fax: 02 6795 4804 • Email: sales@bundock.com.au

The Bundock Wines vineyard is situated on the property "Redlands", occupying a unique, red soil ridge, 11 km east of the town of Wee Waa, in the Namoi Valley of North Western New South Wales. Bundock Wines was established in 2001. The vineyard supplies all the fruit for our Lynch's Lane range of award-winning premium wines which include Petit Verdot, Merlot, Shiraz and Chardonnay.

Orders: Mail, Phone, Email

Open: By appointment only



45 (A7) SEPLIN ESTATE WINES – 36 Chifley Road, Wee Waa NSW 2388

**Lindy Widauer and Archie Smolders • Telephone(s): Cellar Door – 02 6795 3636 A/H – 02 6795 4512 • Mobile: Lindy – 0418 255615, Archie – 0428 651335 • Fax: 02 6795 3636
• Email: lwidauer@optusnet.com.au • Website: www.seplinestatewines.com.au**

Situated only 1km from Wee Waa Town Centre, Seplin Estate Wines provides a tranquil setting in which to sit back, relax and enjoy our award winning Wines and Ports. Sit in the sunshine on our covered deck, taste our wines and stay for a while. Families are welcome • Meals and Eftpos Available • Functions for groups small and large • Bus Tours welcome • Catering for Parties, weddings and special events • Meetings. & Conferences

Orders: Cellar door, Mail, Phone, Email, Website

Open: 7 days a week 10 am – 5pm and evenings by arrangement for dinner and functions
Open public holidays. Bookings required for meals and functions

Facilities: Vineyard tours, Buses welcome, Disabled facilities, Restaurant